

## **MEDICINAL PLANT GARDEN**

Our college is maintaining a medicinal plant garden which has several types of herbs, shrubs and xerophytes. The medicinal garden is maintained by a committee comprising of the following members.

<b>Name of the member</b>	<b>Designation</b>	<b>Responsibility</b>
Mr. K. Jagadish	Asst.Professor	Co-ordinator
Mr.Saroj Kumar Raul	Assoc Professor	Member
Mrs.A.Lakshmiusha	Asst.Professor	Member
Mrs.G.Lekhya	Asst.Professor	Member
Mrs.S.Ravanamma	Attender	Watering and maintenance

- The plantation was made appropriately in demarcated areas. All the plants were provided with name plates showing vernacular and botanical names.
- Total area of the medicinal garden is around 620 Sqm and is properly fenced.
- The medicinal garden is provided with maintenance by two permanent gardeners.
- Herbs, xerophytes and shrubs were planted at different locations.



Fig: Medicinal Garden

Plants available in the medicinal garden with their names and chief constituents						
S.no	Botanical Name	Family	Common Name	Major constituents	Useful part	Use
1.	<i>Abrus precatorius</i>	Fabaceae	Guriginja	Abrusogenin	Seeds, Roots	Hair fall, Arthritis pain
2.	<i>Achyranthes aspera</i>	Amaranthaceae	Uttareni	Triterpenoids, Saponins, Oleanolic acid	Whole plant	Anti-inflammatory Cough, Asthma, Anemia, Jaundice and Snake bite
3.	<i>Adhatoda vasica</i>	Acanthaceae	Addasaramu	Vascine, Vascinone	Leaves	Asthma Bronchitis
4.	<i>Aegle marmelos</i>	Rutaceae	Bilvamu	Alkaloids, Terpenoids, Phenylpropanoids	Leaves	Astringent, Antidiarrheal Antidysenteric, Demulcent, Antipyretic and Anti-inflammatory activities.
5.	<i>Allamanda cathartica</i>	Apocynaceae	Allenandatheega	Allamandin, Allamandicin, Allamdin	Leaves, Roots	Liver tumors, Jaundice, Malaria.
6.	<i>Aloe vera</i>	Solanaceae	Kalabanda	Aloin, Saponins	Leaves	Burns, Sunburn, Frostbite, Psoriasis and Cold sores,
7.	<i>Alpinia galanga</i>	Zingiberaceae	Dumparastramu.	Cineole, Methyl cinnamate	Rhizomes	Anorexia, Dyspepsia, Colic and stomachache. Anti-pyretic, Analgesic
8.	<i>Andrographis paniculata</i>	Acanthaceae	Nilavemu	Diterpenoids, Flavonoids, Polyphephenols	Leaves	Cancer, Diabetes, High blood pressure, Ulcer, Leprosy, Bronchitis,
9.	<i>Areca catechu</i>	Arecaceae	Ghonta	Arecoline, Arecaidine	Seed	Diuretic, Digestive, Anthelmintic, Astringent, Cardiotonic
10.	<i>Azadirachta indica</i>	Meliaceae	Vepa	Isomeldenin, Nimbacin, Nimbinene, Nimbandio-6-desacetyl nimbacinene	Whole Plant	Anthelmintic, Antifungal, Antidiabetic, Antibacterial, Antiviral, Contraceptive, and Sedative.

## MEDICINAL PLANT GARDEN

---



---

11.	<i>Bauhinia variegata</i>	Fabaceae	Devakanchana	Glycoside, Phenolics, Lignin, Saponins, Terpinoids,	Bark,Flower,Wood	Astringent,Leprosy, Ulcers
12.	<i>Bixa Orellana</i>	Bixaceae	Sinduri	Alkaloids, Flavonoids,Saponins	Leaves, Flowers	Antihistamine activity Anti-Inflammatory
13.	<i>Bougainvillea spectabilis</i>	Nyctaginaceae	Kagithala	Terpinolene,Methyl salicylate, $\alpha$ -(E)-ionone	Leaves, Flowers	Diarrhoea, Cough and Sore throat
14.	<i>Bryophyllum pinnatum</i>	Crassulaceae	Ranapalaku	Alkaloids, Phenols,Flavonoids, Tannins,Anthocyanins,Glycosides, Bufadienolides, Saponins,	Leaves, Rhizomes	Constipation,Fever,Piles
15.	<i>Cactus opuntia</i>	Cactaceae	Nagajemudu	Proteins,Fibres,Minerals	Leaves, Fruits, Flowers	Diabetes
16.	<i>Calotropis gigantea</i>	Apocynaceae	Jilleduchettu	Long chain fatty acids	Leaves,Flowers,Stem	Diarrhea, Constipation, Stomach ulcers,Painful conditions including toothache
17.	<i>Carica papaya</i>	Caricaceae	Boppayi	Carpaine	Whole plant	Corns, Tumors,Cancers of the uterus, Syphilis, Tropical infection
18.	<i>Cascabela thevetia</i>	Apocynaceae	Ganneru	Flavanone glycosides	Leaves,Flowers	Emetic Chronic sores and Ulcers,
19.	<i>Cassia fistula</i>	Fabaceae	Rela	Fistucacidin, Pentahydroxyflavan. Heartwood, Oxyanthraquinone, Dihydroxyanthraquinone	Leaves,Flowers,Frui ts,Roots,Seeds	Local antiseptic,Laxative, Ulcers and Wounds
20.	<i>Catharanthus roseus</i>	Apocynaceae	Billaganneru	Vincristine,Vinblastin	Whole plant	Anti-cancer,Diabetes, Stomachache
21.				Centellin,Asiaticin,Centellicin	Leaves,Roots	Fatigue, Anxiety, Depression, Psychiatric disorders

## MEDICINAL PLANT GARDEN

---



---

	<i>Centella asiatica.</i>	Apiceae	Sarasvati-aku			
22.	<i>Cinnamomum tamala</i>	Lauraceae	Talisapatri	Trans-cinnamyl acetate,Cinnamaldehyde	Leaves,Bark	Dysmenorrheal, Inflammation of the uterus.
23.	<i>Cinnamomum zeylanicum</i>	Lauraceae	Dalchinachekka	Essential oils	Inner Bark	Carminative, Antimicrobial, Anti-fungal.
24.	<i>Cissus quadrangularis</i>	Vitaceae	Gudametige	Gallic acid,Steroids, Iridoids, Flavonoids, Stilbenes triterpenes.	Whole plant	Bone fractures,Hemorrhoids, Joint pain.
25.	<i>Citrus aurantifolia</i>	Rutaceae	Nimma	Flavonoids,Limonoids,Coumarins.	Fruit peel	Anti-cancer Anti-bacterial Antioxidant
26.	<i>Citrus liminia</i>	Rutaceae	Nimmakaya	Essential oils	Fruit peel	Scurvy
27.	<i>Citrus maxima</i>	Rutaceae	Pampara	Amino Acids,Carbohydrates, Carotenoids,Coumarins, Flavonoids,Sesquiterpenes, Steroids	Fruits,Flowers,Leaves,Seeds	Coughs, Fevers, and Gastrointestinal disorders.
28.	<i>Citrus sinensis</i>	Rutaceae	Bathai	Essential oils,Biflavonoids	Leaves, Fruit Peel	Antiinflammatory,Antioxidant, Hypolipidemic
29.	<i>Clitoria ternatea</i>	Fabaceae	Aparajita	Triterpenoids, Flavonol Glycosides, Anthocyanins	Whole Plant	Antistress, Anxiolytic, Antidepressant, Anticonvulsant,
30.	<i>Coleus forskohlii</i>	Apiaceae	Vamu	Glycosides, Saponins, Phenolic Compounds,Volatile oil	Leaves	Carminative
31.	<i>Commiphorawightii</i>	Burseraceae	Makishakshiguggulu	Guggulsterone,Guggulsterol	Bark,Stem	Arthritis, Skin diseases, Weight loss.
32.	<i>Curcuma longa</i>	Zingiberaceae	Pasupu	Curcumine Flavonoids, Phenols, Tannins, Alkaloids, Saponins, Terpenoids	Rhizomes	Anti-inflammatoryArthritis, Blood purifier
33.	<i>Cymbopogon flexuosus</i>	Poaceae	Nimmagaddi	Citral, Geranyl acetate, Linalool	Leaves	Stimulant, Aromatic, Anti spasmodic, Tonic

## MEDICINAL PLANT GARDEN

---



---

34.	<i>Datura metel</i>	Solanaceae	Ummetta	Scopolamine, Hyoscyamine	Seeds,Flo wers,Root bark, Leaves	Chronic respiratory disorders, Asthma
35.	<i>Emblica Officinalis.</i>	Phyllanthaceae	Usirichettu	Emblicanin A&B, Puniglucanin, Pedunculagin	Fruits	Liver toxins, high blood Cholesterol, Age-related kidney disorders
36.	<i>Eucalyptus globulus</i>	Myrtaceae	Neelagirichettu	Eucalyptol,Cineol, $\alpha$ -pinene, Aromadendrene.	Leaves	Arthritis,Cough
37.	<i>Ficus benghalensis</i>	Moraceae	Marri chettu	Ketones,Tannins,Flavonoids, Coumarins,Terpenoids	Leaves,Fr uits,Bark, Roots, Seeds	Hypoglycemic,Anti- inflammatory,Anthelmintic, Analgesic,Anti-pyretic.
38.	<i>Ficus carica</i>	Moraceae	Athipallu	Anthocyanin, Furanoid, Flavones, and Flavonols	Fruits,Lea ves	Cardiovascular, Respiratory, Antispasmodic,Anti-inflammatory.
39.	<i>Ficus glomerata</i>	Moraceae	Attimanu	$\beta$ -sitosterol, luponol, and stigmasterol	Bark,Fruit s	Diabetes, Liver disorders, Diarrhoea, Inflammatory
40.	<i>Ficus religiosa</i>	Moraceae	Ragi chettu	Phenols, Phytosterolin	Leaves,Fr uits,Bark, Roots, Seeds.	Asthma,Diabetes,Diarrhea Epilepsy
41.	<i>Gmelina arborea</i>	Laminaceae	Peddagumuduteku	Lignans, Iridoid Glycoside, Flavonoids, Flavons, Flavone glycoside	Leaves	Gonorrhoea,Ulcers,Fever
42.	<i>Gymnema sylvestre</i>	Apocynaceae	Podapatri,	Gymnemic acid, Tartaric acid,Gurmarin,stigmasterol,	Whole plant	Eye diseases, Allergies, Constipation, Cough, Dental caries, Obesity, Stomach ailments,
43.	<i>Holarrhena antidysenterica</i>	Apocynaceae	Kodisepala	Conessine,Nor-Conessine.	Bark	Amoebicidal
44.	<i>Hymenocallis littoralis</i>	Amaryllidaceae	Spider lily	Trispheridine,Tazettine	Flowers, Leaves.	Wound healing

## MEDICINAL PLANT GARDEN

---



---

45.	<i>Ixora chinensis</i>	Rubiaceae	Manmadhabanam	Triterpenes	Leaves, Flowers.	Astringent,Dysentery, Tuberculosis.
46.	<i>Lawsonia inermis</i>	Lythraceae	Gorintaku	Lawsone	Whole Plant	Anticancer,Anti-inflammatory, Anti-microbial, Antioxidant
47.	<i>Litchi chinensis</i>	Sapindaceae	Lichi	Phlorhizin,Onychin,Nairutin.	Leaves, Fruits.	Diarrhoea,Animal bites
48.	<i>Murrayakoenigii</i>	Rutaceae	Karepaku	Sabinene, $\gamma$ -terpinene, $\alpha$ -humulene	Leaves	Anti-diabetic, Antioxidant, Antimicrobial, Anti-inflammatory, Anti-carcinogenic,
49.	<i>Neolamarckiacadammba</i>	Rubiaceae	Rudrakskamba	Cadambagenic acid, Cadamine, Quinovic acid	Bark	Mouth ulcers,Inflammation of the gums.
50.	<i>Nyctanthes arbor tristis</i>	Oleaceae	Paarijatham	Methyl anthranilate	Leaves,Bark	Anti-malarial,Anti-bacterial
51.	<i>Ocimum sanctum</i>	Laminaceae	Tulasi	Eugenol,Cirsilineol,Circimaritin,,Isothymusin, Apigenin and Rosamic acid,	Leaves	Antispasmodic,Appetizer, Galactagogue,Carminative, Stomachic.
52.	<i>Ocimum tenuiflorum</i>	Laminaceae	Rudrajada	Eugenol, Cirsilineol, Circimaritin, Isothymusin, Apigenin and Rosamic acid,	Leaves	Antispasmodic,Appetizer, Galactagogue,Carminative, Stomachic.
53.	<i>Passiflora nitida</i>	Passifloraceae	Tellajumiki	Flavonoids, Glycosides, Alkaloids, Phenolic compounds,	Flowers,Leaves	Anti-microbial, Antioxidant
54.	<i>Plumbago zeylanica</i>	Plumbaginaceae	Chitramulam	Plumbazeylanone, Plumbagic acid,Norcanelilline	Whole plant	Stimulant Digestant, Expectorant, Laxative and in the treatment of Muscular pain and Rheumatic diseases
55.	<i>Prosopis cineraria</i>	Fabaceae	Jammichettu	Flavonoids, Sesquiterpenes, Steroids	Bark,Leaves	Anthelmintic; Tonic, Leprosy, Dysentery, Bronchitis, Asthma, Leukoderma.
56.	<i>Pterocarpus santalinus</i>	Fabaceae	RakthaChandana mu	Marsupinol, Marsupol	Wood	Antipyretic, Anti-inflammatory Anti-hyperglycemic
57.	<i>Punica granatum</i>	Lythraceae	Danimma	Ursolic acid, Palmitic acid,Tricin ,	Fruits	Cancer, Osteoarthritis, Coughs, Urinaryinfections, Digestive disorders,

## MEDICINAL PLANT GARDEN

---



---

				Catechin, Rutin Apigenin		Skin disorders, Arthritis
58.	<i>Rauwolfia serpentina</i>	Apocynaceae	Sarpagandha,	Ajmaline, Ajmalicine, Ajmalimine, Deserpidine, Indobine, Indobinine, Reserpine, Reserpiline,	Roots	Sedative and Tranquilizer. Anxiety, Psychosis Epilepsy.
59.	<i>Ricinus communis</i>	Euphorbiaceae	Amadom	Alkaloids, Ricinoleic acid, Stearic, Linoleic, Palmitic acid, Sitosterol,	Seeds	Rheumatism, Worm infestation, Severe constipation and Abdominal disorders.
60.	<i>Saraca indica</i>	Fabaceae	Ashoka	Hematoxylin, Tannins, Ketosterols, Catechins, Glycosides, Saponins	Bark	Uterine tonic
61.	<i>Syzygiumcumini</i>	Myrtleceae	Neredu	Anthocyanins, Glucoside, Ellagic acid	Whole plant	Astringent, Anthelmintic, Asthma, Dysentery and Ulcers
62.	<i>Terminalia arjuna</i>	Combretaceae	Thella maddi	Terminic acid, Arjunolic acid, Arjunetin, ArjunosidesFlavones Oligomeric Proanthocyanidins	Leaves, Bark, Roots.	Cardioprotective, Antiarrhythmic Cardiac Stimulant, Antianginal Cardiac tonic, Anti-atherogenic
63.	<i>Terminalia belerica</i>	Combretaceae	Tanikaya	Tannins, β- sitosterol, Gallic acid, Ellagic acid, Ethyl gallate, Chebulagic acid.	Stem, Bark	Astringent, Laxative, Tonic
64.	<i>Thespesia populnea,</i>	Malvaceae	Ganga ravi	Nonacosane, Lupenone, Thespone	Root, Leaves	Astringent, Nasal Bleeding
65.	<i>Vitex negundo</i>	Laminaceae	Nalla Vavili	Vitegnoside	Leaves, Roots, Seeds, Stem bark.	Anti-inflammatory, Anti-oxidant, Antipyretic, Anti-arthritis, Anxiolytic
66.	<i>Withania somnifera</i>	Solanaceae	Vajigandha	Withanolides, Withaferins, Isopelletierine, Anaferine, Cuseohygrine,	Leaves, Fruits	Anxiety, Depression, Anti-cancer